A contest to help our community...

9th Annual Food Pantry Drive

How does it work? The East Bridgewater Food Pantries have a great need for certain kinds of items.

What kind of items? The same ones you and your family use every day! Donations can be dropped off in the gymnasium of the Central School during Parent Teacher Conferences. Each classroom will have a labeled, designated box.

If the school reaches 1,000 pts. Students will be rewarded with a school wide pajama day(s).

Where: Central Elementary School

When: November 15th-18th



3 Point Items

Toothpaste Laundry detergent Deodorant Paper towels Bathroom tissue Shaving cream Shampoo/Conditioner Toothbrush Body Soap Liquid dish soap

Coffee (ground or instant) Breakfast Cereals Peanut Butter Pancake mix Maple syrup Honey

<u>2 Point Items</u>

Low sodium soup Low sodium canned vegetables Pasta Sauce (no glass please) Salsa (no glass please) No Sugar Added Apple Sauce Tuna- Solid White Chicken- Canned Fruits (peaches, pears, pineapples)-Low Sugar Unsalted nuts/Sunflower seeds Baked Beans Boxed tea bags Rice Side Dishes Pasta Side Dishes 100% Juices (no glass please)

<u>1 Point Items</u>

Pasta Jam/Jelly (no glass please) Reduced Fat Whole Grain Crackers Whole Grain Granola Bars Flour/Bread Mix/Sugar Plain Oatmeal Hot Chocolate Condiments (ketchup, mustard, mayo, relish) Kids Snacks

PLEASE DO NOT SEND ANY ITEMS IN GLASS PACKAGING

Sponsored by: East Bridgewater Insurance Agency & East Bridgewater Board of Health